

SUMMER 2021

PARENT PRE-ARRIVAL INFORMATION

Dear Camper Parents and Guardians,

Summer Camp 2021 is almost here! I am so glad that you have chosen to make Forest Home a part of your student's summer plans. This letter intends to answer any questions or concerns you might have about camp prior to your arrival. If there is anything else that comes up as you prepare for your week at camp, please do not hesitate to contact me.

THEME

This year, our theme is "**DEEP**." Our goal is to allow campers to begin exploring the depths of God's love. Our main teaching verse is Ephesians 3:17-19 (ESV):

"... so that Christ may dwell in your hearts through faith - that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God."

Through worship, messages, solo time, and counselor-led "cabin times," we pray that campers will have an opportunity for meaningful conversations that will lead them closer to Christ and allow them to experience His love. Please join me in prayer that God would begin to prepare hearts during this "pre-season."

CHECK-IN / ARRIVAL

We will be taking a charter bus that fits 56 people, has a restroom and offers wifi. Students are required to wear their masks on the bus so please make sure they bring them for this ride. The drive is approx. 2hrs. **PIZZA WILL BE PROVIDED AT SCRIPPS CAMPUS BEFORE STUDENTS GET ON BUS!!**

Scripps Ranch Students: Please drop off your student at the Student Center entrance **BEFORE the 10:45am service**. Students will check-in with a leader, label their luggage and then leave it in the student center during service. (luggage will be loaded onto bus during service).

Tierrasanta Students: Please attend the **10:45am service at TS** in order to check in with your leaders. After service you'll need to head to the Scripps Ranch location (address below) to drop off luggage and load into bus.

**Newbreak Scripps Ranch: 10635 Scripps Ranch Blvd, Suite F
(entrance off of Scripps Lake Drive)**



FOR ALL REGISTRATION & RETREAT QUESTIONS:

SARAH BIGHAM
Reservations Associate

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MEDICAL FORMS

Medical Forms are online in our system and **MUST be completed prior to campers arriving on camp property**. Campers who do not have a completed medical form WILL NOT BE ABLE TO PARTICIPATE IN CAMP. It is recommended that you log-in to your camper's online account (link has been sent in the Camp Info email) and verify that you have completed your camper's online medical form PRIOR to your departure for camp. We must strictly enforce this policy not only to be in accordance with the law, but to ensure the safety of all of our guests. Thank you in advance for your cooperation.

You will ALSO receive a separate email in order to fill out the Newbreak Students medical release form as well. BOTH are required before student attends camp.

FIRST AID

Each camper is required to undergo a health screening before arriving at camp. Please note, any ill campers or counselors should not come to camp until they are symptom free for 24 hours. If a camper or counselor arrives ill or becomes ill at camp, they may be sent home-subject to the camp nurse discretion and first aid policies.

ALL medications must be in their **original containers** for both prescriptions and over the counter (OTC) store bought medications. All prescriptions must have their correct prescription labels. Place all medications in a Ziploc bag with camper and church name on the bag. Please refer to the "Sending Medications to Camp" page on our website for more information on how to send medications - foresthomet.org/forms.

Please note: Forest Home First Aid reserves the right to not dispense any over the counter medication, homeopathies, herbals or essential oils, as well as, any medication OTC or prescription not sent appropriately.

COVID-19 PLAN

Our Summer 2021 Health Action Plan can be viewed online at <https://www.foresthome.org/summer-20210health-action-plan/>



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FOOD ALLERGIES

Our Guest Dining team is passionate about providing for your camper's dietary needs during their stay, and our new online registration system will make this even easier! Please ensure that all dietary requests are indicated on your camper's online registration form.

Our chefs are trained and able to accommodate the following common dietary allergies: Gluten Free Diets, Dairy Intolerances, Egg Allergies, Vegetarian and Vegan diets. If you have a dietary allergy other than those listed above, we require that you bring your own food items to satisfy your dining needs during your stay.

Additionally, we understand many allergies can be very severe, and we cannot fully guarantee that every item served is 100% free from airborne particles or other means of food allergy cross-contamination. If you have a severe, or life-threatening food allergy (such as Celiac) we require that you bring your own meals in pre-portioned microwave safe containers. Note: Bringing your own food will help limit the chance of any allergy cross-contamination. There are microwaves located in all dining facilities available for use by guests, as well as refrigerators that can be used to store food for guests with allergies. If you are bringing your own food, please bring an appropriate container for safe storage that is clearly labeled with your name.

Upon arriving at Forest Home notify Forest Home staff of your need to store food items and they will direct you accordingly. Lastly, there are also other areas in camp that may cause allergic reactions that are out of our control, such as in retail food locations, vending machines or other campers that may bring snacks. Our desire is that every guest has a great food and dining experience at Forest Home. If you have any additional questions, please contact Matt Stryffeler, Director of Operations, at Matt.Stryffeler@foresthomes.org and he will respond within 2-3 business days.

SPEAKERS AND WORSHIP LEADERS

We are so excited to partner with such amazing speakers and worship leaders this summer. Our speakers are veteran youth pastors and leaders of impactful church and parachurch ministries and our Worship Bands are involved at churches and universities all across the country. Not only will these worship leaders impact your students from the stage, but they will be involved in aspects of your camper's day-to-day camp experience, as well.



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RECREATION

All of these Free Time options will be available at various times throughout the week, **weather permitting**:

- Canyon Park - Zipline, Giant Swing, Skytrail, Boulder Junction, Low Ropes Course
- Swimming Pool
- Lake Activities - Waterslides, Swimming, Kayaks, and the Blob
- Archery, Hatchet Throwing, Archery Tag, Dodgeball
- Laser Tag (\$5), Mini Golf (\$1)
- Table Games - Ping Pong, Carpetball, Foosball, etc.

WHAT TO PACK

Please see the **packing list** below for details on what to bring to camp.

Corresponding Color Team Gear: During the week, we will have team competitions where campers will compete on their assigned color teams. Team spirit is an exciting part of these competitions, so campers may want to wear their team's color! We will contact group leaders (and parents of individual campers) with your assigned color prior to camp.

HS STUDENTS = GREEN

MS STUDENTS = RED

Themed Items: This summer, our "DEEP" theme is Tropical! Pack any clothes, costumes, outfits, or accessories that go along with our tropical theme. We've shared some of our favorite suggestions for tropical-themed items on an Amazon shopping list referenced on the packing list.

No Electronics: Because of our commitment to providing our guests with Sanctuary and Solitude, Forest Home is striving to be a cellphone free destination as much as possible. This means that we will continue to ask all campers to leave all electronics (including cellphones) at home and ask that all of our guests join us in our efforts to keep our public areas at Forest Home cellphone free.



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Forest Home will provide phone service to campers who have a desire to contact their parents / guardians, but generally speaking, **children are not able to make or receive phone calls during camp**. If there is a situation with your child at camp that warrants contact of their guardian (i.e. homesickness, injury, not cooperating, etc.), you will be contacted by our camp staff immediately.

Spending Money: Forest Home has gone cashless! Starting this summer all retail purchases will be made either by using a credit card, debit card, or an eGift card. During your camper's registration process, you will be given the opportunity to purchase an eGiftcard.

You can also visit <https://squareup.com/gift/ADM9P2DD2AM6M/order> at any time to load money on to your camper's account. Your eGiftcard will be tied to your telephone number, making it easier for your camper to memorize the number required for making a purchase. You will have access to check your camper's eGiftcard balance and reload it at any time before and during camp.

Appropriate Attire: Please see the attached packing list for details on exactly what to bring to camp.

Camper Mail: Due to the nature of the US Postal Service and the historically slow delivery time from the post office to camp, we encourage guardians to send their camper mail in one of two ways:

1. Pack any letters, cards, or packages in your camper's suitcase for them to find once they arrive at camp.
2. Group leaders are encouraged to collect all camper mail for their church / group on departure day. Guardians can give camper mail to the group leader, ensuring that each piece of camper mail is labeled with the camper name and the desired delivery day.

This summer, Forest Home will be using a brand-new camper communication app called **Bunk1**. Bunk1 allows guardians and family members back home to communicate with campers while they're away at camp. Guardians can see photos of their camper at camp, read updates from our First Aid team, read status updates about events happening at camp, and write notes back and forth with their camper. **You can download the Bunk1 app (iOS and Android) and use the same login credentials as your Forest Home online registration portal to login to Bunk1.**



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A SAFE PLACE

At Forest Home, we deeply care about the safety of our campers in every regard. For this reason, we have a closed campus. Because of space and liability issues, **please do not instruct anyone to go up to camp (for ANY length of time) who is not a registered guest.** Day passes are NOT available unless pre-arranged with the Camp Director. Your cooperation with this will be extremely helpful in keeping our campers safe. For more information on our Child Protection Policies, please contact Evan Liewer, Senior Director of Guest Ministries, at evanl@foresthomes.org.

Emergencies: If there is a serious family emergency and a parent needs to contact their child while at camp, they may contact the **Forest Home Roundhouse at 909-389-2300** and they can put them in contact with the Camp Director.

CHECK-OUT / DEPARTURE

The charter bus leaves at 11:30am and will arrive back to the Newbreak Scripps Ranch location around 1:30pm. Students will be asked to update you on our ETA as we get closer to San Diego.

Ashley Henson

Newbreak Student Pastor- Scripps Ranch

ahenson@newbreak.org

405-568-7145 (cell)



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Youth Summer Camp Packing List

PACKING & LUGGAGE:

1. Label ALL luggage and items with your **camper's name and church / group name**.
2. Make sure that your camper can carry **all** the luggage they are bringing to camp.
3. It may be hot, dry, cool, rainy, or muddy when campers arrive at camp, so be ready for **anything**. You can check our website at www.foresthome.org/weather for a weather report.

THE ESSENTIALS:

- Sleeping bag / Twin Size Bedding and pillow
- Bible, journal, and pen - Be sure your camper's name is in their Bible
- Bath towel and washcloth
- Beach towel for pool and lake activities
- Flashlight or Headlamp - Please be sure to label the flashlight and send extra batteries.
- Water Bottle - Reusable with secure lid. Please label with camper's name in permanent marker.
- General toiletries
 - Toothbrush & Toothpaste
 - Shampoo & Conditioner
 - Soap
 - Deodorant
 - Chapstick
 - Sunscreen
 - Bug Repellent



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- Clothing for five days
 - Socks & underwear
 - Swimsuit - ladies, please wear one-piece swimsuits
 - T-Shirts
 - Shorts
 - Pajamas
 - Pants and a sweatshirt
 - BOTH sandals AND closed-toed shoes
 - Shower Shoes
 - Raincoat or Poncho - Rain is not uncommon; having waterproof gear of some sort can be helpful if it does happen to rain on us.

MEDICATIONS

Must be in their original pharmacy container along with their printed instructions and all in a Ziploc plastic bag with the camper's name on it.

(PLEASE NOTE: If meds are not in the original container, we cannot administer them.)

OPTIONAL / ENCOURAGED:

- Hat for sun protection
- Small backpack for carrying personal belongings around camp
- Plastic garbage bag for dirty clothing
- Clothes and accessories corresponding with church's assigned color (for competitions)
- Tropical Themed Items (for Thursday night theme dinner, competitions, and dance party)
 - Check out our Amazon Shopping List (Forest Home Summer 2021 Themed Items) to see some of our favorite ideas for tropical themed items: https://www.amazon.com/hz/wishlist/ls/1LVWUUMVEUMGX?ref_=wl_share



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THE FOLLOWING ITEMS ARE NOT ALLOWED AT CAMP:

- Cell phones. Churches make and uphold their own policy for cell phones. We highly recommend NOT sending your camper's cell phone with them to camp. If you need to get in touch with your camper - whether they are an individual camper or coming with a church - that can be arranged either through your church's group leader or through the Program Director.
- Any electronic gaming systems including Nintendo Switch, PSP, and other electronic video games.
- Computers, iPads, or Tablets
- Weapons [including as firearms, knives, Air Soft / BB guns, slingshots, etc.]
- Drug / Alcohol / Tobacco Paraphernalia - including Juuls, vapes, and wax pens.

Avoid preventable heartache: do not send anything that is irreplaceable, such as a child's treasured stuffed animal, toy, or baby blanket; or Mom or Dad's \$1,000 camera. These items are easily lost or damaged at camp and we cannot guarantee their return.



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